

Targeted Skin Cleansers

♥ Designates HAR/T™ Method Products

Product	Benefit	How Used	Night/Day	Skin Type
Rejuvenating Foamy Cleanse Product #243	Gentle exfoliating cleanser for Skin renewal	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Combination/Oily
Gentle Foamy Cleanse Product #287	Gentle cleansing for very sensitive skin Reduces the appearance of redness Fragrance free	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Sensitive/ Redness-Prone/ Post-Treatment

Topical Skin Renewal Agents



Retinol Emollient Gel 20, 50 Product #203, 202	Reduces appearance of fine lines & wrinkles Fragrance & preservative free	Apply every other night (for best results alternate with a product that contains vitamin C)	Night	Normal/Dry
C Gel 15 Product #212	Antioxidant Reduces the appearance of fine lines, wrinkles and redness Paraben free	Apply nightly or every other night	Either	Dry/Sensitive/ Post-Treatment
Synergistic Antioxidant Serum Product #421	Brightens & smooths texture Antioxidants Enhances retinoid effectiveness / PF	Apply nightly or every other night alternating with a retinoid	Night (for best results)	All
Synergistic Antioxidant Cream Product #560	Brightens & smooths texture Antioxidants Enhances retinoid effectiveness / PF	Apply nightly or every other night alternating with a retinoid	Night (for best results)	Normal/Dry
eVolve Product 624	Harnessing the restorative power of water for improved skin appearance Retinoid-free	Directions: Apply 1-2 times daily, or as directed.	Either or Both	All
Retinol Body Silk Serum Product #716	Gentle HPR retinoid for body application Fragrance & preservative free Lightweight, silky vehicle	Directions: Apply a generous amount to body nightly or every other night. Use sunscreen daily (SPF 30+) on areas treated.	Night	All except Sensitive Skin
Retinol 50 Pads Product #256	Evens skin tone Reduces fine lines & wrinkles Paraben free	Apply every other night	Night	Combination/Oily

Topical Skin Tone Management Agents

Polish and Perfect Pads Product #347	Brightens skin Evens skin tone Moderate exfoliator Paraben free	Use 1-2 times a week as directed Increase contact time gradually	Night	All Except Sensitive
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Eye Area Products

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Product	Benefit	How Used	Night/Day	Skin Type
C-Peptide Eye Cream Product #205 	Improves the appearance of fine lines & wrinkles Addresses puffiness & dark circles Paraben free	Apply a thin film to orbital area 1-2 times daily	Either/Both	All
Retinol Eye Cream Product #227 	Improves the appearance of fine lines & wrinkles Smooths skin	Apply a thin film to orbital area 1-3 times weekly *decrease use if dryness occurs	Night	All Except Sensitive

Barrier Enhancement Agents

HydraPeptide Serum Product #244	Moisture enhancer Reduces the appearance of fine lines & wrinkles Paraben & fragrance free	Apply as needed Can also be used under creams & lotions	Either	All
Intense Nia Cream Product #388	Intense moisturizer Vitamin B3 improves texture, redness, Paraben, fragrance, & solvent free	Apply as needed	Either	All
Intense NiaLotion Product #608	Light weight barrier enhancing moisturizer Vitamin B3 improves texture, redness, Paraben, fragrance, & solvent free	Apply as needed	Either	All
Hyaluronic Moisturizer Product #762	Locks in moisture Enhances natural barrier function Combats dry, crepey skin.	As needed	Either	Normal/Dry/Sensitive/

Sunscreens

Silk Sheer Broad Spectrum SPF 40 Sunscreen Product #601	Routine, broad-spectrum UVA/UVB protection Fragrance- and preservative-free Elegant, sheer application	Apply prior to sun exposure Reapply every 3-4 hours	Day	Normal/Combination
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